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HOW THE HIPSTER GOT 'HER'

RETRO-FUTURISTIC FILM TAKES THE TROPHY (NOT THE OSCAR) FOR TREND-SETTING STYLE, SAY FASHION INSIDERS

PAGE 11

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BOILING POINT IN KYIV

Anti-government protests in Ukraine turned deadly on Wednesday when two people were killed in clashes between police and protesters in the capital of Kyiv. Andrey Svitailo, a staff photographer for the Metro Moscow newspaper, was also injured during the violence. See story on page 4 and photo gallery at metronews.ca. ANDREY SVITAILO/METRO

Charges upgraded against caregivers in child's death

June Alexis Dawn Goforth. Regina couple now accused of second-degree murder after review of evidence

MARCO VIGLIOTTI
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Charges against a Regina couple accused in the death of four-year-old June Alexis Dawn Goforth in 2012 have been upgraded from manslaughter to second-degree murder, a justice official announced on Wednesday.

Deputy attorney general Kevin Fenwick said the decision to elevate the charges against Kevin Eric Goforth and Tammy Lynn Goforth — the victim's caregivers, who are not her parents — came after reviewing evidence presented during a preliminary inquiry.

"Looking at the evidence from the preliminary inquiry and other evidence brought forward from the investigation, the decision was made by our prosecutions branch (to bring forward) more appropriate charges," Fenwick explained to reporters in Regina.

He did not say, however, what that evidence is.

The Crown has upgraded the charges against the couple through direct indictments.

"Direct indictment ... while not very common in Saskatchewan, is something that is not irregular either," Fenwick said.

"Five or six times a year, we will proceed by way of direct indictment in situations like this — most often involving serious charges."

He noted that some other provinces, namely Alberta, use direct indictments far more frequently than Saskatchewan.

When asked why it took so long to revise the charges, Fenwick explained that officials have been diligent and "carefully reviewing the evidence."

June died in hospital on Aug. 2, 2012.

Dates for the trial have not yet been set.

Second child

The suspects have also been charged with unlawfully causing bodily harm in relation to the treatment of a second child.

- That charge, too, was revised from the initial count of criminal negligence causing bodily harm.
- The difference in the charges, Fenwick said, stems from the alleged level of intent. Criminal negligence, he said, requires a "lower degree of intent" than unlawfully causing bodily harm.

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NEWS 1

Regina cops won't change strip-club tactics: Chief

Approach. Policy revision now allows liquor service at establishments

MARCO VIGLIOTTI
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Liquor regulation changes permitting alcohol to be served with striptease performances will not prompt comprehensive policy adjustments on the part of Regina police, Chief Troy Hagen says.

"We'll be vigilant. ... We're always monitoring the activities of organized crime in our community," Hagen said on Wednesday in response to concerns that strip-club establishments could be magnets for organized crime.

"This change in public policy won't necessarily change our focus — it's ongoing work."

Hagen said police will continue to work with the Saskatchewan Liquor and Gaming Authority to ensure "compliance with the provincial legislation," as the force does with all activities at pubs, bars and nightclubs.

Last week, the city's planning commission recommended restricting strip clubs to industrial areas and maintaining an approximate 180-metre buffer between such establishments and residences.

City council appears poised to back that recommendation at a meeting on Feb. 27.

Mayor Michael Fougere said there doesn't appear to be a "groundswell" of support for changing the city's long-standing restriction of such establishments to industrial areas.

He noted that the city still hasn't received an application to open a strip club since the new provincial rules — allowing liquor to be served at such businesses — took effect this month.

"When we see the application, we'll ensure the maximum amount of safety is there," Fougere said.

When pressed on the matter, Hagen said the locations of strip clubs will not change the approach of police.

Hagen also encouraged businesses of all stripes to be vigilant in the protection of their employees at late hours.

Utilities unite to protect underground lines

John Ell of Magna Electric Corp. uses specialized gear to demonstrate the locating and marking of underground power, gas and telecommunications lines on Wednesday for an audience of media and Crown utility officials at a SaskEnergy compound in Regina. The demonstration was part of a news conference where SaskTel, SaskEnergy and SaskPower announced a more focused joint effort to curb underground line damage that has become a more serious problem in the past five years. The expanded initiative includes an awareness campaign, a "Sask 1st Call" application for mobile devices, and a project using safety patrols to monitor construction in Regina and Saskatoon. Magna holds a line-locating contract for all three utilities. ROSS ROMANIUK/METRO

Fire truck couldn't be started to fight blaze: Official

A house burns in Pelican Narrows.
HANDOUT/RCMP/THE CANADIAN PRESS

An emergency official says efforts to fight a deadly fire on a northeastern Saskatchewan reserve were hampered because a fire truck wouldn't start.

The fire tore through a home in the community of Pelican Narrows on Saturday, killing two boys, who were nine and 10. A 10-year-old girl who was pulled from the burning home is being treated in a Winnipeg hospital for severe burns.

Richard Kent, commissioner of emergency and protective services with the Prince Albert Grand Council, says the volunteer fire chief went to the fire hall.

"The pump was working. It's just that the fire truck wouldn't start and if the fire truck doesn't start you have nothing," Kent said Wednesday.

"In these small communities, they don't have a whole lot of money and they don't have a backup unit."

Kent said it's up to the community to make sure the equipment works, but he also said regular maintenance can't be done without federal funding.

Aboriginal Affairs Minister Bernard Valcourt's office said in an email the government gives $120,000 to the Prince Albert Grand Council for fire-protection training for its member First Nations, including Pelican Narrows. It also said the government provides $200,000 annually to train on-reserve volunteer firefighters. In the case of Pelican Narrows, Ottawa also provided direct funding for "fire protection capital."

CKOM/CKBI/THE CANADIAN PRESS

Ford: Latest embarrassing video just one of life's 'difficult bumps'

Nothing personal.
Toronto mayor happy to talk about city's budget, but won't take questions about Jamaican-infused Steak Queen rant

Toronto Mayor Rob Ford charges through a media scrum at city hall in Toronto on Wednesday. FRANK GUNN/THE CANADIAN PRESS

Toronto Mayor Rob Ford is calling his alcohol-fuelled, profane rant in a Jamaican accent at a restaurant — caught on video — a "minor setback," and says he is entitled to a personal life.

Ford offered no apologies a day after the clip, which shows him using Jamaican swear words and other profanities, at one point aiming his curses at Toronto's police chief, was posted anonymously to YouTube.

"Monday was unfortunate," he said at a late-afternoon news conference. "I had a minor setback. We all experience these difficult bumps in life."

But, he said, it is a "completely private matter."

"As you know, I'm a human being, the same as every one of you, and I'm entitled to a personal life," Ford said. "My personal life does not interfere with work I do day in and day out for the taxpayers of this great city."

Ford refused to answer reporters' questions throughout the day about whether he drove himself to or from the restaurant that night, if he was using drugs and if he was hanging out with his friend Alexander Lisi.

A second video also posted to YouTube, purportedly from the same night, appears to show Ford sitting with Lisi.

Ford's admission that he had been drinking ended weeks of adamant vows that he had given up alcohol.

Ford spent much of his news conference discussing the city's budget and finished by saying he would be "happy to take questions on the budget only."

THE CANADIAN PRESS

'A minor setback'

"As you know, I'm a human being, the same as every one of you, and I'm entitled to a personal life."
Toronto Mayor Rob Ford

Police not allowed to see Magnotta research video

A judge has prevented Montreal police from getting their hands on a confidential academic video interview with accused killer Luka Rocco Magnotta.

The Canadian Association of University Teachers welcomed the Quebec Superior Court decision, saying it upholds researchers' rights to protect confidential information needed for their academic work.

The association's executive director says in a statement the ruling represents the first court recognition of researcher-participant privilege.

Montreal police had sought to gain access to a copy of the interview for evidence they're still gathering against the 31-year-old Magnotta, who is charged with first-degree murder in the slaying and dismemberment of Chinese engineering student Jun Lin.

Lawyers representing University of Ottawa criminologists had argued the 2007 interview with a subject known under the pseudonym "Jimmy" should be kept confidential.

Luka Magnotta is shown in an artist's sketch. A judge has prevented police from obtaining a video interview with the accused killer.
MIKE MCLAUGHLIN/THE CANADIAN PRESS

The attorneys said Magnotta participated in the study as part of a survey of sex workers under the condition his interview would remain confidential.

"The impact of this decision is that researchers can now have confidence that courts will recognize and will treat seriously promises of confidentiality vital to the conduct of their research," James Turk, executive director of the Canadian Association of University Teachers, said in a statement Wednesday.

"Courts have recognized the social importance of journalists being able to protect confidential sources, and this decision extends a similar recognition to academic researchers."

The news release published by Turk's association said that, in her ruling, Justice Sophie Bourque noted "much academic research provides useful information on certain aspects of the human condition that are normally kept silent."

The Bourque ruling was also quoted by the association as saying, "The evidence demonstrates that much of the research involving vulnerable people can only be conducted if human participants are given a guarantee that their identities and the information that they share will remain confidential."

THE CANADIAN PRESS

Israel gives PM Harper a very special tweet

Prime Minister Stephen Harper and his wife Laureen take a tour of the future site of the Stephen J. Harper Hula Valley Bird Sanctuary Visitor and Education Centre in Hula Valley, Israel, on Wednesday. While in the Middle East, Harper is visiting Israel, the West Bank and Jordan. SEAN KILPATRICK/THE CANADIAN PRESS

Toronto

Discharge for census resister, 79

A 79-year-old Toronto woman taken to court over refusing to fill out the census was given a conditional discharge on Wednesday.

THE CANADIAN PRESS

Alberta

Over 500,000 had health info stolen

Personal health information belonging to more than half a million Albertans was stolen last September from Medicentres Family Health Care Clinics, Alberta Health Minister Fred Horne announced Wednesday.

"Today, I contacted the Alberta Privacy Commissioner to … formally request an official investigation," Horne said, adding, "Albertans want to know that their information is secure and protected."

METRO IN CALGARY

Protests in Ukraine turn deadly

Kyiv. Political crisis intensifies as violent clashes between police and protesters result in fatalities

Protesters battle police in Kyiv on Wednesday. ANDREY SVITAILO/METRO WORLD NEWS

Unrest in Kyiv took a turn for the worse on Wednesday with news that two people died from gunshot wounds during clashes between police and protesters, the first fatalities since demonstrations over the government's rejection of a planned EU treaty began in November.

The day saw state police units dismantle a makeshift barricade on Europe Square and Hrushevskoho Street — the city's new hotspot for clashes, which runs along the cabinet office and parliament buildings. Protesters, who fashioned makeshift armour out of sleeping mats and pieces of wood strapped to their jackets, parried police grenades with Molotov cocktails.

"If we leave now, we will all land up in jail. We will take a stand," Bogdan, a young man guarding a barricade, told Metro. To maintain their position, the protesters ignited huge bonfires, the smoke from which, they claim, neutralizes the pepper gas launched by the police.

When news circulated earlier in the day of the first casualties in the civil unrest, the crowds in this area swelled to an estimated 2,000 by mid-morning. "Burn for our boys!" a voice was heard from the crowd as a gas bomb landed on top of a phalanx of riot police. Some of the bombs lobbed were five-litre pickle jars.

At one moment, an Orthodox priest walked out into the neutral zone between the protesters and police, pleading for calm. However, riot-control units, lined up like a shielded formation of Roman legionaries, advanced towards the protesters, waving their batons and firing rubber bullets. People finally began to flee to their camp at the nearby Maidan Square.

Hrushevskoho Street was emptied after 10 minutes. While the air cleared at Kyiv's freshest battleground, thick black smoke still shrouded city squares elsewhere.

METRO WORLD NEWS IN KYIV

Caught in the clash

Metro photographer injured by grenade

Photographer Andrey Svitailo; the shrapnel he was hit with. MWN

A Metro journalist was injured Wednesday in a stun grenade explosion on Kyiv's Europe Square amid clashes between anti-government protesters and police.

Andrey Svitailo, a staff photographer for the Metro Moscow newspaper, sustained leg injuries caused by shrapnel exploding from a stun grenade thrown by Berkut riot police at protesters.

"It was very sore and painful," Svitailo describes the moment after three pieces of shrapnel struck his calf and thigh. "My jeans ripped open and I was left with some bloody bruises. I literally had to take the shards of grenade out of my clothes.

"But thanks to my long johns, the fragments did not pierce my skin." Svitailo did not require hospitalization and is continuing to cover the protests. METRO WORLD NEWS

Terrorist attack email is just a hoax, says IOC

Torch bearers Yevgeny Apostolov and Alexander Domanov pose with Olympic torches in Novocherkassk, south of Moscow, on Tuesday. THE ASSOCIATED PRESS

An email in Russian and English threatening national Olympic delegations and athletes with terrorist attacks at the Sochi Winter Games is a hoax, not a real danger, officials said Wednesday.

Hungarian sports officials, who first reported the email, said they have received assurances from the International Olympic Committee and from the Sochi organizers that the email had no merit. In light of that, the Hungarian Olympic Committee said it will still take part in the Winter Games, which run from Feb. 7 to 23.

Olympic committees from several other European countries, including Germany, Britain and Austria, said they had also received a similar message.

Wolfgang Eichler, spokesman for the Austrian National Olympic Committee, said the email was a hoax that officials had seen before.

"It's a fake mail from a sender in Israel, who has been active with various threats for a few years," Eichler told Austrian news agency APA. "It's been checked out because it also arrived two years ago."

The IOC, meanwhile, repeated its stance that it "takes security very seriously."

"However, in this case it seems like the email sent to the Hungarian Olympic Committee contains no threat and appears to be a random message from a member of the public."

The Canadian Olympic Committee would not say whether it had received a similar message

Security is a major concern at all Olympics but especially in Sochi, which is in southern Russia, just a few hundred kilometres away from a simmering Islamic insurgency in the North Caucasus. One Islamic militant warlord has urged his followers to attack the Sochi Olympics, Russian President Vladimir Putin's pet project.

THE ASSOCIATED PRESS

Don't panic

Many officials said that national committees get Olympic threats fairly often.

- A spokeswoman for Switzerland's Olympic committee said similar threats are common so close to the Winter Games and athletes and officials would base their travel plans instead on the assessment of security officials.

Victims' rights

Morocco amends law allowing rapists to escape persecution

Morocco's parliament has unanimously amended an article in the penal code that had outraged people by allowing a rapist to escape prosecution if he married his underage victim.

Article 475 of the penal code generated unprecedented public criticism after the 2012 suicide of a 16-year-old girl following seven months of marriage to the man she said had raped her.

Activists had called for a revamping of the country's laws dealing with rape. However, in this case it is just an amendment of the existing article, deleting the language allowing the assailant to marry to escape prosecution.

THE ASSOCIATED PRESS

Poland

Personal notes of Pope John Paul II to be published

In his last will, Pope John Paul II commissioned Cardinal Stanislaw Dziwisz, his personal secretary and closest aide of almost 40 years, to burn his personal notes.

Instead, Dziwisz kept them and is having them published before John Paul is declared a saint April 27 in Rome.

He said he burned "those letters and notes that required burning," but said it would have been a crime to burn all the notes which give insight into the pope's soul.

The book, Very Much in God's Hands: Personal Notes 1962-2003, comes out Feb. 5 in Poland.

THE ASSOCIATED PRESS

Tale of two toilets

Russian bathroom leaves reporter flushed

When BBC reporter Steve Rosenberg went to use the bathroom at the cross-country skiing and biathlon centre for next month's Winter Olympics in Sochi, he found two toilets, but only one stall. His tweeted picture instantly became a national joke.

THE ASSOCIATED PRESS

Although toilets like this are not common in Russia, social media users posted photos of other toilets standing side by side, including ones in a courthouse and a café. THE ASSOCIATED PRESS

Kenyan author comes out against homophobia in Africa

Online declaration. Reactions to the writer's coming out were mostly negative

One of Africa's leading literary figures, Binyavanga Wainaina, says he's known he was gay since he was five-years-old, though he did not have a homosexual encounter until he was 39.

To celebrate his 43rd birthday, the prize-winning Kenyan has published an online essay telling the world that he is gay. His story contributes to an increasingly fierce debate about gays in Africa and is a protest against laws that seek to further criminalize homosexuality.

Wainaina's essay, painful to read, this week announced what he wishes he had told his mother before she died 14 years ago: "I am a homosexual, mum."

In an interview with The Associated Press on Wednesday, he said he came out to help preserve his dignity.

"All people have dignity. There's nobody who was born without a soul and a spirit," he said. "There is nobody who is a beast or an animal, right?

"Everyone, we, we homosexuals, are people and we need our oxygen to breathe."

Wainaina, whose hair is dyed in rainbow colours, lashed out at recently passed laws against homosexuality in Nigeria and Uganda. He also criticized Russian President Vladimir Putin, who faces criticism over Russia's law banning "gay propaganda" aimed at youth.

"I can't sleep at night because there are people who I may know or who I don't even know ... who may be dying or being beaten or being tortured right now in a Nigerian cell or three weeks ago in a Ugandan one," he said.

Prize-winning Kenyan author Binyavanga Wainaina talks during a television interview in Nairobi, Kenya, Wednesday. He publicly declared his homosexuality in an online essay last weekend. BEN CURTIS/THE ASSOCIATED PRESS

Dennis Nzioka, a gay rights activist in Kenya, welcomed Wainaina's public announcement and said his prominence may influence other gay people in Africa and Kenya to come out publicly. He said Wainaina's announcement was both inspirational and courageous.

"Courageous, because to do this in the Kenyan society knowing very well what he can face; ostracization and rejection," Nzioka said.

THE ASSOCIATED PRESS

On the front lines

Clashes over gay laws continue

Thousands of protesters threw stones into the Shariah court in a north Nigerian city Wednesday, urging the speedy convictions and executions of 11 men arrested for belonging to gay organizations.

Security officials fired into the air to disperse protesters in Bauchi city so the accused men could be safely returned to the prison.

Meanwhile, in Uganda, a court on Wednesday ordered the deportation of Bernard Russell, a British man facing criminal charges related to images of him having sex with another man.

Bernard Russell THE ASSOCIATED PRESS

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Market Minute

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TSX
13,988.20 (+36.43)

OIL
$96.73 US (+$1.76)

GOLD
$1,238.60 US (-$3.20)

Natural gas: $4.70 US (+$0.23)
Dow Jones: 16,373.34 (-41.10)

Fourth graders now

Just a sec, mom, I'm texting Emily our recess plans

A survey of more than 5,400 Canadian kids in Grades 4 through 11 found a majority had their own cellphone, while nearly one in four of the youngest children owned a mobile device.
THE CANADIAN PRESS

Actress Quvenzhané Wallis last year, at the age of nine. GETTY IMAGES

Warns of low inflation

Bank of Canada keeps interest rate steady at 1%

The Bank of Canada is lowering its forecast for inflation, which has been persistently below the desired target, but keeping its key interest rate unchanged at one per cent.
THE CANADIAN PRESS

Keystone XL pipeline's southern leg starts flowing

Like oil and water.
CEO says Oklahoma-to-Texas stretch is a 'win-win-win,' but activists worry those who live along route will lose

Canadian oilsands producers have a direct pipeline link between Alberta and the U.S. Gulf Coast with the official start-up Wednesday of the Keystone XL pipeline's southern leg.

The project's opposition, meanwhile, vowed to watch the new pipeline "like a hawk" as it continues to urge President Barack Obama to reject the larger, more contentious northern leg of the system.

"This morning we have made a major change in where the largest refining hub in the world gets its oil," said Alex Pourbaix, the executive in charge of oil pipelines at TransCanada Corp., the company that built the line. CEO Russ Girling described the $2.3-billion US project as a "win-win-win" for U.S. Gulf refiners, who'll get access to a cheaper, more secure source of crude; for North American crude producers, who'll get a better price for their landlocked oil, and for consumers, who may pay a cheaper price at the pump as expensive foreign imports are supplanted. THE CANADIAN PRESS

Criticism gushed up

Jane Kleeb, with the anti-pipeline advocacy group Bold Nebraska, said that Wednesday marked a "very sad day" for those worried about their land in Texas and Oklahoma. "We all know this pipeline is a huge risk to folks along the route ... Citizens are watching this pipeline like a hawk. They know that they are bracing for the worst today as this pipeline starts up."

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Another jewel for the crown?

The 29.6-carat blue diamond recovered by Petra Diamonds from a mine near Pretoria, South Africa, is seen in this Jan. 18 photo. Petra said in a statement that the diamond — found in the Cullinan mine, which has yielded, among other famous stones, the 530-carat Star of Africa blue diamond that is part of the British crown jewels — is a vivid blue with extraordinary tone and clarity, and could yield a polished stone of great value.
PHILIP MOSTERT/PETRA DIAMONDS/THE ASSOCIATED PRESS

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PITFALLS OF AN ENTERTRAINER

HE SAYS

John Mazerolle
metronews.ca

I've had such a negative perception of gyms that as I was writing this column about my new gym membership I suddenly remembered that I'd already had a gym membership, about 10 years ago, and had banished it from my memory like Star Wars Episode I: The Phantom Menace, a movie that doesn't exist.

The memory is foggy but my brief time there (it was a YMCA) reminded me of high school, complete with stale-smelling change rooms, annoying cliques and crippling self-doubt heavier than any weight. Well, not any weight. Not those little pink ones. I have a little self-respect.

Lacking the requisite cardiovascular strength (i.e. I didn't have the heart), I didn't set a sneakered foot inside a gym until a decade later when, fresh out of comedy school, I took a gig at a fitness chain where my job was to entertain people while they did ab exercises. I was keen on my first post-school assignment, which is why I was blind to the fact that this is the worst idea in the history of entertainment — akin to entertaining air traffic controllers with a game of bingo.

At best, the exercisers tolerated me. At worst, they yelled at me to stop, which is part of the job, except you're not supposed to think, "That heckler is right!"

This did not improve my feeling toward the gym industry. I shunned them, preferring to exercise outside in the winter even if that meant temperatures so cold I risked ending up like Jack Nicholson at the end of The Shining.

But that all changed recently. I discovered a little gym in my neighbourhood that's just perfect for me. It's small so it doesn't attract many preeners, and it's open 24 hours so I can fiddle with the machinery alone. I may yet end up the first person ever killed by an elliptical, but at least my low-impact death will only be a CCTV YouTube sensation, not an in-person humiliation.

I've been hitting the gym for about three weeks now, and it gets easier every time as I pick up a few tricks about how to carry and motivate myself:

- It helps to put the Edmonton Oilers on TV during your workout. That way you see yourself working harder than an entire team of professional athletes.
- Wearing a towel over your shoulders and carrying a water bottle shows your fellow exercisers that you are the real deal, just like the people in the ads.
- Fake punching the air looks pretty cool.
- Most importantly, I've learned that gym-goers are a family. If I see an overweight person, I show support with a hearty "Hang in there! It gets better!" If I see an attractive person, I say "Yeeaahhh."

I fully recommend that you follow these tips. Sure, conversations might go a little awry with certain members, but that just reminds me of another important gym fact I learned in high school: Running away is excellent exercise.

ZOOM

AK-47s' cruel and cool culture

COURTESY RALPH ZIMAN

Project highlights duality of AK-47s

A filmmaker has shone light on Africa's controversial use of the AK-47, by photographing vibrant replicas of the assault rifle.

Ralph Ziman, from Johannesburg, took images of Zimbabwean street vendors brandishing copies of the infamous weapon that were made using traditional Shona-style beadwork. METRO

Q and A

'Beautiful yet venomous snake'

RALPH ZIMAN
South Africa-born filmmaker, based in Los Angeles

What inspired you to address gun culture?
The story behind this project — entitled Ghosts — began a year ago when I was back in my hometown of Johannesburg. I was reminded of the rate of gun violence connected to the AK-47 rifle that has gripped the entire continent of Africa and intrigued by the terror that firearms hold in African culture.

The AK-47 has killed millions, but at the same time has been pivotal in the struggle for independence — the gun appears on the Mozambique flag. Did you have the duality of the weapon in mind?
Without a doubt. These vibrantly-coloured guns in my images highlight the alluring nature of the rifle. It's like a beautiful yet venomous snake. In South Africa, this weapon was once an instrument against the apartheid regime.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

A picture says a thousand words, or so the saying goes, and apps like Snapchat and Instagram seem to be proving the saying true. But just because you've got that beach pic of your toes in the sand, doesn't mean no one wants to read the rest of your vacation story (actually, if they're suffering through this polar vortex, they might not want to). Inspired by newspapers' forays into long-form visual story-telling, we've compiled apps that let you do just the same.

ISTOCK IMAGES

Storehouse:
User-friendly with a simple design, Storehouse lets you import photos and videos from your computer, Dropbox, Flickr or Instagram to add seamlessly to your narrative.

Prss:
Create your own online magazine using your own videos, photos with an easy-to-use template — so you don't have to be an InDesign wizard to get your work looking sharp.

Storybird:
Billed as more of an educational tool, this app lets you create a storybook based on other people's illustrations and animations. It's geared toward kids 13+, but really, can't we all benefit from a little creative non-fiction?

Comments

RE: Watching The NHL Has Become The Same As Witnessing A Bar Brawl, says Paul Sullivan, published Jan. 22

If you don't like fighting in hockey DON'T EFFING WATCH, there is plenty of other things to watch on TV!! If anything the NHL is getting a little wimpy these days. The true fans like the state of the game and the constant whining that the game is too violent is annoying and will change nothing. **mbacks posted to metronews.ca**

Is there any surprise that Canadian athletics is considered a joke worldwide? Why hockey fans continuously equate toughness with fighting is beyond me. There are tougher athletes competing in rugby and Aussie Rules footie that put these guys to shame. **aferdinanda posted to metronews.ca**

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

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Sidney York peel back the layers

Unconventional.
Electropop outfit reach beyond the obvious in song crafting

BACKSTAGE PASS
Jacob Morgan
regina@metronews.ca

Sidney York's new album, <3s (Hearts), is being released in a series of mini-EPs. The first volume, pictured above, came out on Jan. 14. CONTRIBUTED

There is a lot more than meets the eye with electropop outfit Sidney York.

While Brandi Sidoryk and Krista Wodelet have an uncanny ability to craft ultra-catchy bubblegum tunes, they are both classically trained musicians.

"If people really pay attention to the intimate details, they'll realize that a lot of these straight-up pop sounds that we're making are coming from very unconventional instruments," said vocalist Sidoryk, who has a master's degree in opera.

Wodelet also has a master's degree in bassoon performance, and that has become a key characteristic in the band's approach. They run the bassoon through guitar pedals to mimic the range of electronic noises typically made with a synthesizer.

"We really wanted to experiment with those sounds," said Sidoryk.

On their brand new second album, <3s (Hearts), the Calgary-based duo toys with more than quirky instrument choices.

Thematically it is a break-up record, said Sidoryk, but the songs are playful and fun.

"The content tends to be quite dark," she said. "We love that contrast of a really lighthearted sound masking some pretty dark issues."

For example, the video for the title track depicts a party — complete with balloons and streamers — at a funeral.

"We're definitely fully conscious of keeping a tongue-in-cheek, humorous aspect to our music," said Sidoryk.

Even the release of <3s illustrates their penchant for unique artistic choices. Rather than putting out the material all at once, Sidney York fans can subscribe to get five EPs delivered to their doorstep over the course of the year, as well as other assorted band merchandise.

"It's a really different way of getting a record, but it's something we thought was really nice," said Sidoryk. "Who doesn't love to get mail?"

She added that for those who don't sign up for the subscription service, the EPs are on iTunes and the entire album should be out by November.

"It's all recorded," she said. "So we just get the lucky task of giving away presents every two months."

Details

Sidney York perform in Regina at O'Hanlon's Pub on Tuesday, Jan. 28.

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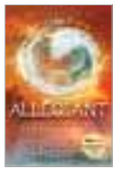

1. ALLEGIANT: INDIGO EXCLUSIVE EDITION
Veronica Roth

The faction-based society that Tris Prior once believed in is shattered – fractured by violence and power struggles and scarred by loss and betrayal. So when offered a chance to explore the world past the limits she's known, Tris is ready.

Last Week: 1 / Weeks on List: 3

2. THE INVENTION OF WINGS Sue Monk Kidd

A magnificent novel about two unforgettable American women. Sue Monk Kidd presents a masterpiece of hope, daring, the quest for freedom, and the desire to have a voice in the world.

Last Week: 2 / Weeks on List: 3

This Week		Last Week	Weeks on List
3.	THE POWER OF HABIT Charles Duhigg	7	3
4.	LIFE AFTER LIFE Kate Atkinson	3	3
5.	THE DEAD IN THEIR VAULTED ARCHES Alan Bradley	18	2
6.	THE POUND A DAY DIET Rocco Dispirito	8	3
7.	COLD HARD TRUTH ON FAMILY KIDS & MONEY Kevin O'Leary	9	3
8.	SYCAMORE ROW John Grisham	6	14
9.	THE START HERE DIET Tosca Reno	15	3
10.	STOP OVERTHINKING YOUR MONEY Preet Banerjee	11	3
11.	JOYOUS HEALTH Joy McCarthy	17	2
12.	ALL IN Arlene Dickinson	12	3
★ 13.	DUTY Robert Gates	~	1
14.	THE DEMONOLOGIST Andrew Pyper	19	2
15.	DARK WOLF Christine Feehan	5	3
16.	FIRST LOVE James Patterson	20	2
17.	TEARDROP Lauren Kate	16	3
18.	HAZARDOUS DUTY W.E.B. Griffin	14	3
★ 19.	THE CONFIDENT MOM Joyce Meyer	~	1
★ 20.	MY JOURNEY Olivia Chow	~	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending January 27th

★New this week

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Lawrence wasn't first choice for Silver Linings Playbook

MELINDA TAUB
Metro World News

In Silver Linings Playbook, Jennifer Lawrence played a woman who'd gotten married, been widowed, gone crazy with grief and slept her way out of at least one job. Believe it or not, the first choice to play that role was not a 21-year-old.

Harvey Weinstein recently revealed that a different pixie-cut thespian was originally slated for the role: Anne Hathaway was his original choice to play Tiffany.

So why wasn't Anne up there yelling and twitching and dancing poorly? Apparently she and director David O. Russell didn't hit it off. "David and Anne had some creative differences," Weinstein said. "They didn't see eye-to-eye." That's no shocker — David O. Russell is famously difficult to work with.

Katy Perry ALL PHOTOS GETTY IMAGES

Praise the Lord! Perry's body is the real deal

Katy Perry admits she had some help in developing her impressive figure, but it wasn't from a surgeon. The voluptuous singer tells GQ that when she was 11 years old, "I lay on my back one night and looked down at my feet and I prayed to God. I said, 'God, will you please let me have boobs so big that I can't see my feet when I'm lying down?'" Perry says. "God answered my prayers. I had no clue they would fall into my armpits eventually. "I've never had any plastic surgery. Not a nose, not a chin, not a cheek, not a tit."

I'd like to thank Her for upholding hipster style...

What the tuck.
Sequins, slips and suits made this year's silver screen sparkle. But Her, with all its hipster hues and high-waistedness, will make likely make the most lasting mark on fashion

Oscar-nominated Her didn't earn a nod for best costume design, but fashion observers say the retro-futuristic looks featured in the film take the trophy for trendsetting style.

American clothing label Opening Ceremony created a collection inspired by styles designed by Casey Storm for the inventive drama, which is set in near-future Los Angeles. Her chronicles the relationship between Theodore Twombly (Joaquin Phoenix) and his operating system (voiced by Scarlett Johansson), with the film's lovelorn protagonist regularly seen sporting buttoned-up collared shirts paired with ultra high-waisted pants.

"I think you tend to think of everyone putting their life out on display in the world that we live in now, and the fashions were really the opposite to that," said Noreen Flanagan, editor-in-chief of Elle Canada.

"It was very much about kind of concealing yourself which I thought, again, was a kind of interesting twist to what we're increasingly becoming more familiar with in terms of how we relate to one another in the digital world."

Joaquin's character in Her might be lacking in some social skills, but perhaps he can find fulfilment in his ability to choose interesting ensembles. CONTRIBUTED

What a waist

"It's not going to be for everyone and, my God, you really have to have flat abs to wear pants like that. That is not a flattering silhouette on most people."
Noreen Flanagan
Editor-in-chief of Elle Canada

Probably of all the films, Flanagan said Her has the greatest likelihood of "getting a little bit of street cred."

"It's not going to be for everyone and, my God, you really have to have flat abs to wear pants like that. That is not a flattering silhouette on most people. It requires a certain young, youthful, in-shape physique to wear it. I can see for a certain hipster set it becoming quite cool."

Toronto-based costume and set designer Sarah Armstrong also sees the potential for Her to emerge as a trendsetter.

"(Theodore's) kind of got a look, a unique esthetic, that's not unlike what we see today. It's very, very comfortable. And I think, too, because he's a younger character, that may also lend itself to a trend that might come up."

While Armstrong said she didn't think there was anything "blindingly new" about the designs for Her, she viewed them as an interpretation of the hipster trend being embraced by the 20-something generation.

"They're pulling from steampunk, they're pulling from Victorian elements, from the '60s, they're pulling from a whole bunch of different eras and blending them all together."

On the opposite end of the style spectrum was costume design nominee American Hustle with its depiction of flashy '70s fashions. The film is awash in plunging necklines, brightly lacquered nails and bouffant do's as well as bell-bottoms and mile-wide ties with lapels to match.

Jennifer Lawrence's outfits in American Hustle are unforgettable, but did they distract from her performance? CONTRIBUTED

"We've had films in the past that have gone back to the '70s, but they really play down the hair, they really play down the wardrobe, the clothing," said Armstrong. "With American Hustle, it really is all about the excess of the '70s, and the characters are extreme."

Flanagan said while she found the clothes in Hustle to be "fun, fabulous and entertaining," she said she almost found them to be "too much."

"In terms of digging up those V-neck Halstons and Diane von Furstenberg dresses and vintage Dior aviators and Gucci accessories, full marks for going on a fashion treasure hunt and finding real gems from that period. But it needed some editing," she said. "It needed the director to say: 'Wait a minute. We don't want the fashions to overshadow the story and the characters.'"

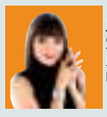
THE CANADIAN PRESS

And the nominees are...

A handful of period pieces will be contending for the Oscar costume crown on March 2.

- The nominees are Catherine Martin (The Great Gatsby); Patricia Norris (12 Years a Slave); William Chang Suk Ping (The Grandmaster); Michael O'Connor (The Invisible Woman); and Michael Wilkinson (American Hustle).

Twitter


JEANNE SPACE
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Hockey legend @NHLShanahan, the beautiful @AndieMac Dowell3 + hunky @Alan_Thicke @echoesofhope game @ SundanceFest

Hitting the slopes of Park City #Utah because woman cannot live by film alone!! #sundance #heaven

Canadian street style

Spotted in: Toronto

Name: Ailyn

Age: 19

Occupation: Film student

What she's wearing:
Blundstone boots, thrift store denim jeans, winter cape from the ROM's boutique, lace shirt from Club Monaco and maroon Fjallraven Kanken backpack.

Her inspiration:
"Normally I go vintage, stuff you'd find in your grandma's closet. I'm a kid stuck in the '90s. This outfit however is my winter hipster look."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT – AN E-NEWSLETTER PROGRAM – AND A WEEKLY NEWSPAPER SECTION TOO!

Make a big impact with big art

This year's trend is to go with bigger, bolder artwork — whether it's one large piece or several smaller ones grouped together to create a unified effect. Here are a few tips to help you make the most of your space, even if you're on a budget or live in a small condo with little wall space.

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

For big effect, group smaller pieces together. Various prints, crateandbarrel.com

The trend

With the trend of floor-to-ceiling windows, large intake vents and multiple light switches taking up valuable wall space in newer condos, it's hard to find little — if any — wall space to hang artwork. Often your only choice is an obscure wall, off to the side. The trend for 2014 is bigger and bolder artwork, creating big impact in a space with one large piece rather than a row of small gallery style hangings. To achieve impact with many small pieces, try arranging them into a rectangular grouping, which creates the effect of one big shape rather than many small ones.

Rules for hanging

When hung on an empty wall, the middle of the piece of artwork should hang 66 inches from the floor. If hanging art over a piece of furniture, the bottom of your artwork should be hung six to nine inches above it. A decorative picture light will help to illuminate your artwork and make it a focal point. If hung on the wall, art should be framed; if not, display it on a decorative easel or lean on a floating shelf. The colour of the frame should match either the wood tones or metal finishes used in the room; this will coordinate the art into the room with ease.

The middle of your artwork should hang 66 inches from the floor. Cloud Study print, $970, crateandbarrel.com

A favourite image can be printed on canvas and stretched on a frame to create a custom piece of art. From $25, posterjack.ca

Art on a budget

Everyone thinks art (especially larger pieces) needs to be expensive. Art needs to be thoughtful, not pricey. For affordable art, look to art school sales, vintage poster prints and big home retailers that now sell limited-run pieces (with the fast turnover of products, a favourite piece may only be around for a few months). You can also get creative and customize your own art; a favourite image can be emailed to a custom print company and reproduced on wood, stainless steel or canvas at any size. Also, painting the wall a contrasting colour is a great way to make your art piece pop; go dark or bright for impact.

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Clams and pork get comfy in Portuguese dish

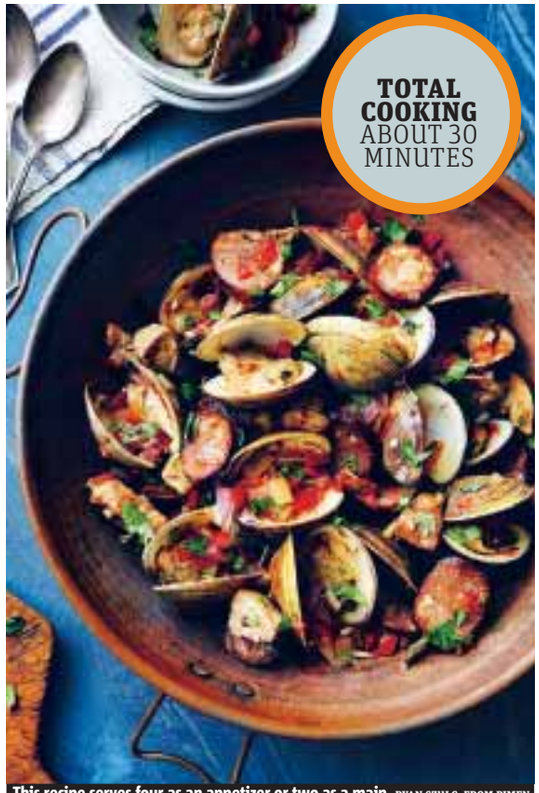
FLASH FOOD

From your fridge to your table in 30 minutes or less

"A cataplana, a hinged clam-shaped cooking vessel, is so popular in the Algarve beach resorts that dozens of dishes have been named after it," writes Carla Azevedo in her book Pimentos and Piri Piri of this Clams in Cataplana with Pork, White Wine, and Coriander dish. "If you do not have a cataplana, use a wok or a large pot with a tight-fitting lid and carefully cover the lid with a kitchen towel; do not uncover the pot while cooking."

1. Using a stiff brush, scrub the clams under cold running water to remove any surface sand and grit. Discard any clams that are not tightly closed. Set aside.

2. In a large heavy saucepan or Dutch oven, heat the oil over medium heat; cook the pork for 2 to 3 minutes, until browned, and transfer to a dish; reserve. Add the onion and garlic and cook, stirring occasionally, for 3 to 5 minutes, until softened.



This recipe serves four as an appetizer or two as a main. RYAN SZULC, FROM PIMENTOS AND PIRI PIRI (WHITECAP BOOKS)

Ingredients

- 2 lb (1 kg) Manila clams
- 1/4 cup (60 ml) olive oil
- 4 oz (120 g) pork tenderloin, cubed
- 1 onion, chopped
- 3 cloves garlic, minced
- 1 1/2 cups (375 ml) peeled, seeded, and chopped tomatoes
- 1/2 red bell pepper, seeded, cored, and diced
- 4 oz (120 g) chouriço, sliced into 1/2-inch (1 cm) pieces
- 1 bay leaf
- 1/2 tsp (2 ml) fine salt
- 1/4 tsp (1 ml) coarsely ground black pepper
- 1/2 tsp (2 ml) dried oregano
- 1/4 tsp (1 ml) piri-piri sauce or Tabasco sauce
- 1/2 cup (125 ml) dry white wine
- 1/4 cup (60 ml) chopped fresh coriander
- 2 slices prosciutto, chopped

Add the tomatoes, red pepper, chouriço, bay leaf, salt, pepper, oregano, and piri-piri sauce; simmer for 7 to 10 minutes, until slightly thickened.

3. Transfer half of the tomato mixture to bottom of cataplana. Arrange the clams overtop and cover with the remaining tomato mixture. Tightly secure the cataplana lid and simmer over medium-high heat for 5 minutes. Flip the cataplana over and unlatch it; add the reserved pork and the wine and sprinkle with the coriander and prosciutto. Tightly secure the cataplana lid and cook until the shells open and the pork juices run clear when pierced with fork, 5 to 8 minutes (check for doneness after 5 minutes of cooking and continue cooking if meat is still pink). Discard any clams that have not opened. Serve.

EXCERPTED FROM PIMENTOS AND PIRI PIRI (WHITECAP BOOKS) BY CARLA AZEVEDO.

Cookbook of the Week

Adapting tradition

Because the farm workers and other labourers of Portugal needed food to be hearty and filling, it has come to be known as "peasant food". Call it what you will, but one thing is for sure: The dishes of this European country are comfort food at its finest.

Pimentos and Piri Piri by Carla Azevedo takes traditional recipes and updates them for the North American kitchen with local ingredients and modern kitchen equipment. METRO

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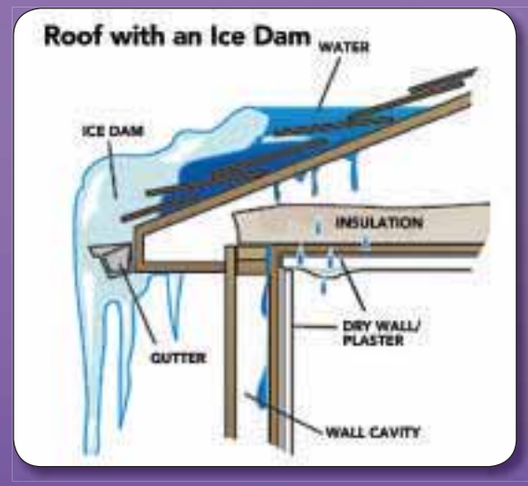

An ice dam can occur when snow accumulates on the roof of a house with inadequate insulation. Heat conducted through the insufficient insulation warms the roof and melts the snow on those areas of the roof that are above living spaces, but does not melt the snow on roof overhangs. Eventually, ice accumulates along the eave and in the gutter. Snow that melts later cannot drain properly through the ice on the eave and in the gutter, resulting in leaks which lead to damaged ceilings, walls, roof structures and insulation. There is no better time to protect your home.

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Penguins put hurt on Price's Habs

Montreal Canadiens goalie Carey Price makes a save on Penguins captain Sidney Crosby at Consol Energy Center on Wednesday night in Pittsburgh. Jussi Jokinen scored twice and the Penguins dominated the Canadiens 5-1 on Wednesday night. JUSTIN K. ALLER/GETTY IMAGES

Wick still has fuel to light lamp in Russia

Hockey legend.
Wickenheiser ready to prove doubters wrong in sixth Olympic Games

On her last shift of the Olympic women's hockey final in Vancouver, Hayley Wickenheiser took her eyes off the puck.

"I was actually looking into the stands to see people cheering and take it in. I never did that in any of the other Olympics," she recalls. "I was pretty confident we were going to win. The puck was in the other end."

It sounds like the perfect moment to cap a long, successful career. But it wasn't over for Wickenheiser.

As the 2014 Winter Olympics approach, Wickenheiser is asked relentlessly if her sixth Olympic Games will be her last.

"I don't know and that's the truth," the 35-year-old forward from Shaunavon says. "I still love to play. I feel I have lots left in the tank.... There's other things to do in life, but at this point I haven't decided.

"Vancouver was a special experience and something that you'll probably never experience as an athlete again, but being on the ice every day, being in this environment is something I've done for so long. I don't really see myself doing anything else at this point.

"I love to just be an athlete. It's a great lifestyle. You're kind of your own boss. You get to decide what you want to do and make a living at it. It's a good gig."

Wickenheiser's gig includes, so far, five Olympics — four in hockey and one in softball — three Olympic gold medals and a silver, all in hockey and more games (265), goals (166) and assists (204) than any other player in national women's team history.

From the only girl playing midget triple-A in Calgary at 15 to participating in Philadelphia Flyers rookie camps to her forays into the men's pro leagues in Finland and Sweden, Wickenheiser took risks to push her own boundaries and those of her sport. She was the top scorer and MVP at the 2002 and 2006 Olympics. She played with a broken wrist in 2006.

But for the sake of argument, is Wickenheiser still the best female player in the world?

"What's your definition of the best player in the world?" counters Melody Davidson, who coached Wickenheiser to two of her Olympic golds.

"If your definition is a consummate professional, who does everything possible to bring her best game forward every day, then she is."

Knee and back injuries limited her to three games and zero points in last year's world championship in Ottawa, where Canada lost to the U.S.

A lower-body injury sidelined Wickenheiser for chunks of Canada's recent warm-up series against the U.S.

But still, Wickenheiser has bristled at the suggestion the miles are starting to take a toll.

"If I was a male hockey player, we wouldn't be talking about this," she says. "You've got Teemu Selanne who is 42, Chris Chelios played until 47 and I'm 35. I'm young and I've got lots left.

"Yes, you get injured, but the difficult thing is people only see you once or twice a year and not every day like the NHL players. You've got to manage your body as you age as an athlete anyways, but I think I'm as healthy as I've ever been."

THE CANADIAN PRESS

Hayley Wickenheiser finished her kinesiology degree at the University of Calgary last year and has applied to medical schools. GETTY IMAGES

Moving on minus the 'C'

"I'd be lying if I said it didn't hurt.... It's not really going to change anything in the way that I lead or what I do day to day."

Hayley Wickenheiser, who was Canada's captain from 2006 until recently when Caroline Ouellette was chosen as the new captain by head coach Kevin Dineen. Wickenheiser will be an alternate.

Olympics

4 Saskatchewanians named to Sochi speedskating squad

The Canadian Olympic speedskating team was announced on Wednesday in Calgary and Saskatchewan will be well represented in Sochi.

Regina's Lucas Makowsky joins Denny Morrison of Fort St. John, B.C., and Mathieu Giroux of Pointe-aux-Trembles, Que., to defend their gold medal from Vancouver in the men's pursuit.

Regina's Kali Christ, Marsha Hudey of White City and William Dutton of Humboldt round out Canada's Saskatchewan contingent.

THE CANADIAN PRESS

MLB

Yanks win Tanaka sweepstakes

The New York Yankees and prized Japanese pitcher Masahiro Tanaka agreed Wednesday to a $155-million, seven-year contract.

In addition to the deal with the 25-year-old right-hander, the Yankees must pay a $20-million fee to his Japanese team, the Rakuten Golden Eagles.

Tanaka's deal is the highest for an international free agent.

THE ASSOCIATED PRESS

Australian Open

Bouchard raising a few eyebrows in her hometown

Not only has Montreal's Eugenie Bouchard won over tennis fans with her impressive run at the Australian Open — she's even made a minor dent in her hockey-loving hometown's spectator-sports scene.

One of the city's best-known sports bars, Champs Bar, reserved 120 seats for Bouchard's semifinal match Wednesday night against China's Li Na — and its manager said earlier in the day he was expecting nearly twice that many people to show up for the event.

THE CANADIAN PRESS

Go to metronews.ca to find out how Bouchard fared against Li.

Horoscopes

♈ Aries
March 21 - April 20
Is what you are planning a good idea? Could you have overestimated your abilities? Don't worry. The planets indicate you have what it takes and once you get moving all your doubt will disappear.

♉ Taurus
April 21 - May 21
You will fall out with someone who does not share your aims. It's just as well. The longer you go on pretending that you can work together despite your differences, the less likely it is you will get any work done.

♊ Gemini
May 22 - June 21
The important thing now is that you keep your eyes fixed on the bigger picture and don't allow yourself to be distracted by events that get in the way of your goals. Have fun but you've got to be focused too.

♋ Cancer
June 22 - July 23
Give your tongue a rest and use your eyes and ears to find out what is going on. Something you see over the next 24 hours will give you something worth talking about later on.

♌ Leo
July 24 - Aug. 23
Someone you live or work with is harbouring a secret grudge and if you say the wrong thing they will find a way to use it against you. Think before you speak and make sure you know what you are talking about.

♍ Virgo
Aug. 24 - Sept. 23
If you take what someone tells you at face value, you will miss what really matters. Before you make any kind of decision, make sure you know the facts.

♎ Libra
Sept. 24 - Oct. 23
The Sun in Aquarius does wonders for your confidence, so it's unlikely you will tone down your remarks to save other people's blushes. And why should you? It's not your fault the truth is painful.

♏ Scorpio
Oct. 24 - Nov. 22
Rarely have you had so many obligations. Rarely have your duties been so arduous. The good news is there are people in your life who will happily lend a hand — just ask.

♐ Sagittarius
Nov. 23 - Dec. 21
The only reason someone is being so critical is because they resent your success. Maybe you should point out to them that if they worked as hard as you they might be successful too.

♑ Capricorn
Dec. 22 - Jan. 20
Don't worry if you have not yet begun work on a scheme that means a lot to you. The longer you leave it, the more likely it is to be a success. Good ideas need time to develop.

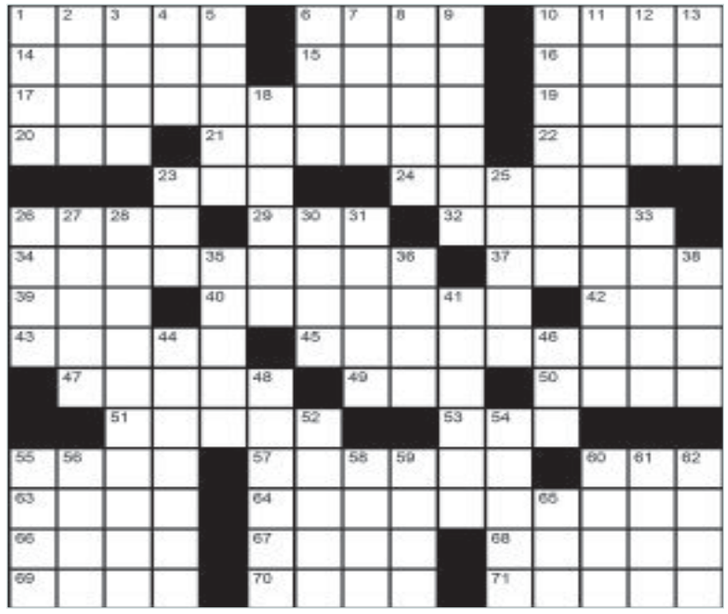
♒ Aquarius
Jan. 21 - Feb. 19
It does not matter that others do not believe in what you are doing. The only thing that matters is that you believe in it. The whole world could be against you now but you will still come out on top.

♓ Pisces
Feb. 20 - March 20
Be careful who you confide in today because if you reveal your secrets to the wrong person, they won't remain secret for long! It might be wise not to let even good friends in on potentially embarrassing information. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

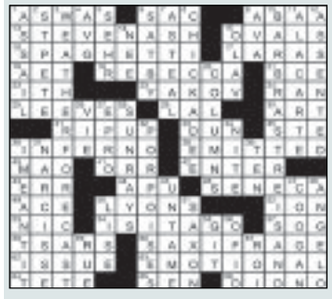
BY KELLY ANN BUCHANAN



Across
1. Canadian furniture store, The __
6. Purchased
10. "__ __ I say, not..."
14. Ms. O'Donnell
15. Classical song
16. Sea lettuce
17. "Citizen Kane" (1941), for one: 2 wds.
19. Deli loaves
20. The Joy Luck Club author, Amy __
21. Guy in authority, in slang: 2 wds.
22. Pickup trucks, e.g.
23. Wed.'s follower
24. Quebec: Pre-university school
26. Johannesburg, _. __.
29. Fast rotation meas.
32. Levi's material
34. Submarine's looking device
37. "The Odd Couple" role
39. 'Advert' suffix
40. One who is selecting
42. Objectionable word
43. Puccini opera that premiered in 1900
45. 'Eating Well with Canada's __ __'
47. Drugstore, for short
49. '60s hallucinogenic
50. Fruity drinks
51. "This is so fun!" sounds
53. Suffix with 'Hero'
55. "So long!"
57. Colm of "Star Trek: The Next Generation"
60. Pres. Lincoln
63. Guess Who's "Hang __ __ Your Life"
64. Bookstore's popular item
66. Leave in, in proofreading
67. Rosey __, Canadian broadcaster
68. Worker's needs
69. Crags
70. Scandinavian rugs
71. Exertion excretion

Down
1. Ms. Spears, to pals
2. Cabo da __, Portugal
3. Glenn Frey song: "The Heat __ __"
4. NFL's Bengals, on scoreboards
5. "American Idol" judge Mr. Urban
6. Vault
7. "Hurry up ...__ __ leaving without you!"
8. Lavender
9. "Village of the __" (1995)
10. "Quentin __ M.P." (Vintage CBC show starring Gordon Pinsent)
11. That which Sochi's won in order to get the 2014 Winter Games: 2 wds.
12. With: French
13. Cheek
18. 1750: Halifax's oldest building, St. Paul's __
23. Prefix with 'angle'
25. Captain __ von Trapp
26. Skewer
27. Writer of ancient Greece
28. Superior's stuff
30. Magician's disappearing word!
31. Bobbin
33. "All in the Family" spin-off
35. Daunt
36. Those, in Spanish
38. Bus travel paths, for short
41. Mr. Cibrian's
44. Collusions
46. Abu Dhabi is its cap.
48. MP = __ of Parliament
52. Shabby
54. Sochi turndowns
55. Toll
56. Look __ (Investigate)
58. Drifting
59. Utmost degrees
60. Lotion component
61. Mr. Lugosi
62. Poet's 'previously'
65. High's antonym

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3		7	2	6		9	
5								3
		1				8		
7	5		8		4		2	1
				7				
6	8		5		1		4	9
		9				5		
3								7
	2		4	1	5		3	

Yesterday's Sudoku

8	2	3	6	1	4	5	7	9
9	1	5	3	7	8	6	2	4
7	4	6	9	5	2	1	8	3
5	3	1	4	2	9	7	6	8
6	8	2	7	3	1	4	9	5
4	9	7	8	6	5	3	1	2
2	6	8	1	4	3	9	5	7
1	5	4	2	9	7	8	3	6
3	7	9	5	8	6	2	4	1

Today
-4°/-5°
Variable
Friday
1°/-9°
Rain and snow
40%
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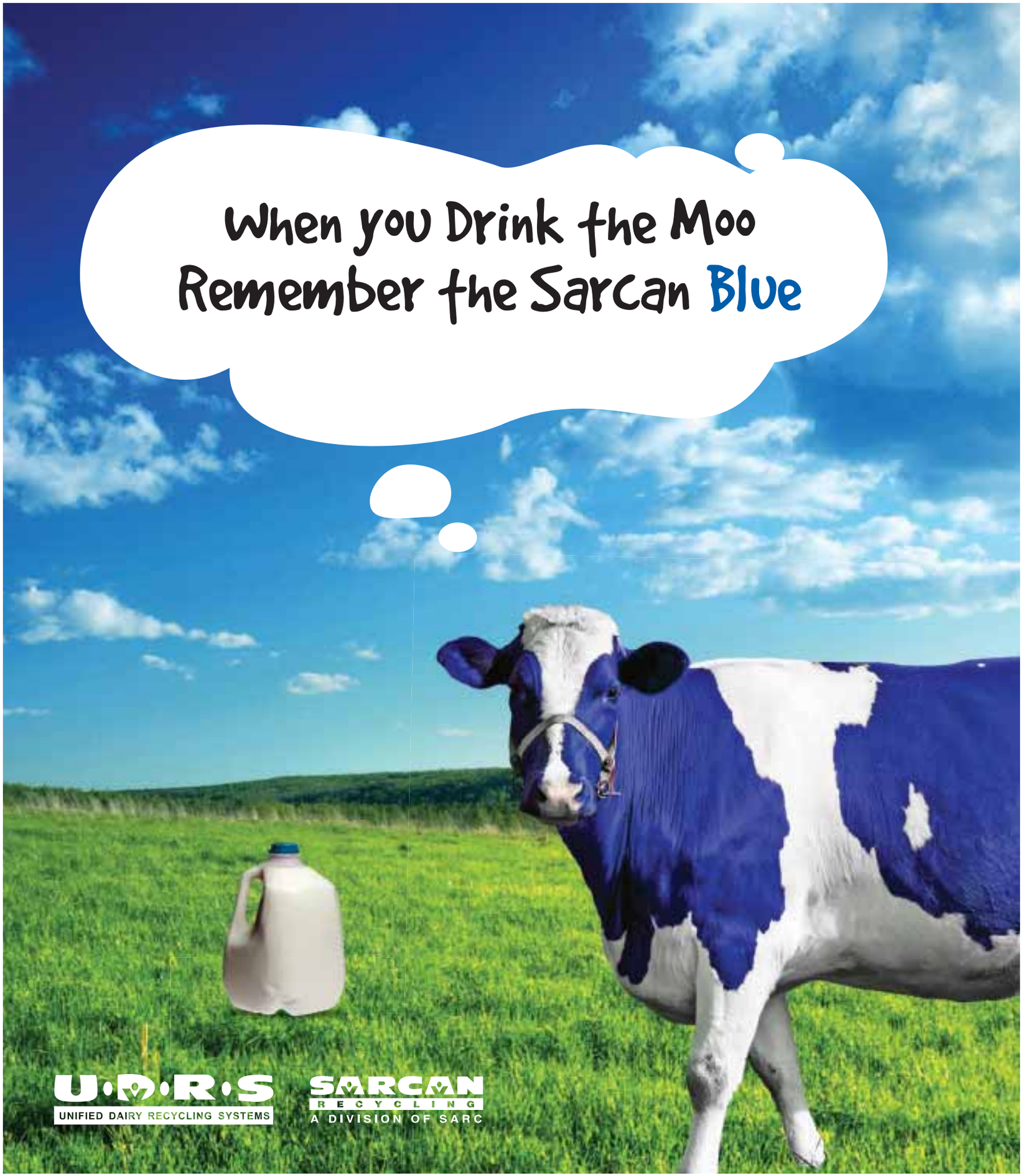
When you Drink the Moo
Remember the Sarcan Blue
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